

Routine Chore Chart:

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Routine Chore Chart & Daily Task Lists:

From Ch 8: *Ignite the Organizer in Your Child*



Whether we realize or not, everyone's daily life has a preset rhythm that dictates how our precious hours are spent!

Every morning we wake up, get dressed, eat meals, and go to school or work serving others.

As our day ends, we prepare for the following one and eventually go to sleep so that we can, hopefully, wake up and do it all again.

Routines give us a sturdy structure around which to plan the day. The more often and intentionally we lean upon our routines, the more natural it becomes and more confidence will develop to complete a series of tasks in a timely manner.

Use this printable series and the following instructions to visually engage and guide you and/or your child to focus and finish daily routines or on going tasks that are important in your life.

Happy Days Come Through Organized Ways!™

My Daily Tasks:

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Instructions Guide:



- Print off both charts in this series.
- Decide what areas of your life need guidance for creating systems & rhythms.
- Morning Routine Chart tasks could be: make bed, brush teeth, do hair, feed dog, eat breakfast, pack lunch, load car etc.
- Evening Routine Chart tasks could be: make lunch, finish homework, pack bag, read book, charge phone, prep for bed etc.
- Cut out chart and store in a protective sleeve, laminate or picture frame.
- Using a Sharpie marker, write out each task on the lines provided. Draw images next to written tasks for young readers.
- Place one plastic colored post-it flag on each task line. When the task is complete, move the flag from one side to the other.
- Post the Chore Chart or Daily Tasks List in the best visual location using masking tape or 3M On Command Picture Strips.
- Tasks can be easily removed and updated as needed with a wet magic eraser.
- So simple and fun to implement!

Done Never Felt So Good!