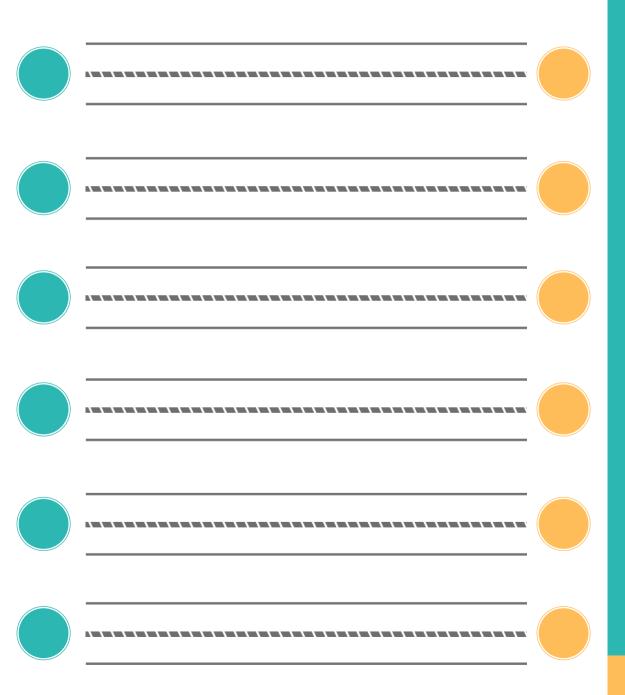
### **Routine Chore Chart:**



# Routine Chore Chart & Daily Task Lists:

From Ch 8: *Ignite the*Organizer in Your Child

• • • • • • • • • • • • • •

Whether we realize or not, everyone's daily life has a <u>preset rhythm</u> that dictates how our precious hours are spent!

Every morning we wake up, get dressed, eat meals, and go to school or work serving others.

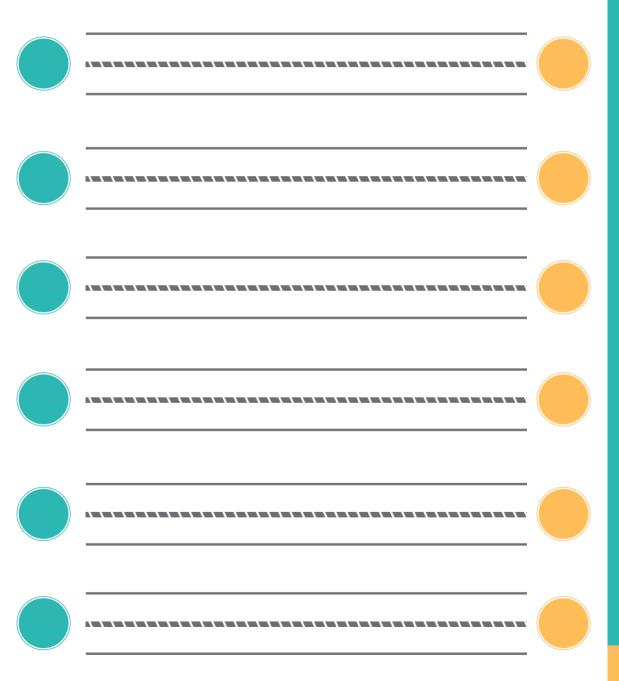
As our day ends, we <u>prepare for the following one</u> and eventually go to sleep so that we can, hopefully, wake up and do it all again.

Routines give us a sturdy structure around which to plan the day. The more often and intentionally we lean upon our routines, the more natural it becomes and more confidence will develop to complete a series of tasks in a timely manner.

Use this printable series and the following instructions to visually engage and guide you and/or your child to <u>focus and finish</u> daily routines or on going tasks that are important in your life.

Happy Days Come Through Organized Ways!™

## My Daily Tasks:



#### **Instructions Guide:**

#### 

- Print off both charts in this series.
- Decide what areas of your life need guidance for creating systems & rhythms.
- Morning Routine Chart tasks could be: make bed, brush teeth, do hair, feed dog, eat breakfast, pack lunch, load car etc.
- Evening Routine Chart tasks could be: make lunch, finish homework, pack bag, read book, charge phone, prep for bed etc.
- Cut out chart and store in a protective sleeve, laminate or picture frame.
- Using a **Sharpie marker**, write out each task on the lines provided. Draw images next to written tasks for young readers.
- Place one plastic colored post-it flag on each task line. When the task is complete, move the flag from one side to the other.
- Post the Chore Chart or Daily Tasks List in the best visual location using masking tape or <u>3M On Command Picture Strips</u>.
- Tasks can be easily removed and updated as needed with a wet magic eraser.
- So simple and fun to implement!

Done Never Felt So Good!