Behavior Modification Chart

(Name)

PURPLE

BLUE

PINK

GREEN

YELLOW

ORANGE

RED

(Name)

PURPLE

BLUE

PINK

GREEN

YELLOW

ORANGE

RED

Creative Ideas & Instructions: From Ch 8: Ignite the Organizer in Your Child

If there was a chart that made the biggest impact (ironically) on my parenting behavior toward my kiddos, it was this one!

When my eldest son Devon was in Kindergarten, his teacher used this Behavior Modification Chart concept in the classroom. Devon loved this program (and so did I), so we immediately began enforcingt it at home.

Since Devon and I have very similar personalities, emotions can easily flare up or down between us.

To hold myself <u>accountable</u>, we paired ourselves together on one chart and my hubby and other son on another. The results in our family behavior was so powerful and so simple to monitor!

Use the following instructions as a guide for what works best in modifying behavior in your family.

Happy Days Come Through Organized Ways!™









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Instructions Guide:

- Print the Behavior Modification Chart.
- Discuss and decide which family members behavior will be monitored.
- Write the name(s) at the top of the chart.
- Place chart in a clear protective sleeve or laminate for longer term use.
- Clip a clothes pin or binder clip on the green bar which marks the starting point of the day.
- If a child exhibits positive behaviors in the day, the parent moves the clip up to to the pink section, then blue, and eventually purple.
- If a child exhibits negative behaviors, the parent moves the clip down to the yellow section, then orange and eventually red.
- If desire, mark on a calendar the child's end of day color to track progress!
- Post both chart and calendar in a highly visible area for everyone's reference.
- Using this chart can be a helpful tool in monitoring behaviors and self-control.



